

SECRETS OF CHANGE MANAGEMENT

Change is inevitable and often difficult to deal with, especially if your role is to introduce and manage that change in your workplace or organisation.

During this one-day course, you will learn strategies for introducing and implementing change including the people skills required to assist others to accept and even embrace change.

You'll learn:

- Find different ways of looking at change
- Strategies for implementing change processes
- How to make change easier for yourself and others
- Techniques to cope with change, including resiliency and stress management
- Know how to maintain a sense of control during a change .



Target audience:

Team leaders and managers with responsibility for supervising a team.

Topics to be explored include:

- ▶ About change
- ▶ Six reactions to change
- ▶ Identifying the need for change
- ▶ Identifying the cost and benefit
- ▶ Setting the vision and goal
- ▶ Responding to change
- ▶ Creating and implementing a strategy
- ▶ Planning for change
- ▶ Communication skills
- ▶ Empowering employees
- ▶ Building resilience
- ▶ Acknowledging reactions
- ▶ Dealing with emotions
- ▶ Managing negative stress
- ▶ Exploring your options
- ▶ Examining the reality
- ▶ Your behaviour is your choice

What's included?

Instruction by an expert facilitator
A highly interactive and fun workshop
Participant workbooks
Personalised certificate of completion

For more details on this, and other workshops, presented by Learning Insight contact:

LIZ PAINE

LEARNING INSIGHT

www.learninginsight.com.au

Phone: 0400 778807

lizpaine@learninginsight.com.au