



## Putting your best self forward at job interview

- Have you recently applied for positions only to get to interview stage and "bomb out"?
- Do you know you can do the job better than other candidates but struggle to convince the interview panel?
- Is your confidence waning because the jobs you've had in your sights been offered to other candidates?



### Now is the time to change all that.

This workshop will help you to re-focus your job application efforts and prepare you to perform at your best in an interview situation.

### Target audience:

This workshop is suitable for all job applicants but is specifically targeted at applicants seeking senior positions. If you are feeling demoralized because you've been rejected for positions you know you can handle better than the successful applicant, then this is the workshop for you.

# A PROFESSIONAL DEVELOPMENT PROGRAM Facilitated by

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### Discover:

- What jobs suit you best?
- Personal Skills Analysis Assessing your skills, experience and qualities
- Why we set ourselves up for failure and how to change all that
- Preparing your application tips and techniques
   Putting your best foot forward
  - Preparation and rehearsal
  - Understanding the different types of interviews; what's expected and what how to respond to difficult
- or unexpected questions
  - Looking and feeling the part
  - Non-verbal behaviours that tell all
  - Managing your stress
  - What to take along

#### What's included?

Instruction by an expert facilitator

A highly interactive and fun workshop – This can be tailored for your organisation

Personalised certificates of completion